



Heartland Kidney  
Network

We're Here For You.

# MY NETWORK: PATIENT ADVISORY COMMITTEE (PAC)

The Heartland Kidney Network's Patient Advisory Committee (PAC) was established in 2007. The Network's PAC helps us to respond to your needs and look for ways to improve patient and staff relationships. The PAC works with the Network to empower fellow patients through their own stories and their ideas for patient education. The PAC includes kidney patients from Missouri, Kansas, Nebraska and Iowa. They represent different ethnic groups, treatments, and locations.

**Mission Statement:** To educate and provide patients with perspective for dialysis and transplant.

**Vision Statement:** To improve the quality of life for those living with Chronic Kidney Disease (CKD) and End Stage Renal Disease (ESRD).

## Goals:

1. Identify and present the needs and concerns of patients to the Network.
2. Act as a link between patients and the Network.
3. Promote patient empowerment and involvement in healthcare issues.
4. Develop and provide patient education to be used in the community.

## PAC Leadership

The PAC has a Chairperson, Vice-Chair and a Secretary.

- The Chairperson
  - Is a member of the Network Board of Directors
  - Remains in contact with all members of the PAC
  - Coordinates the agenda with the Network Staff
  - Leads PAC meetings and teleconferences
- The Vice-Chair supports the Chairperson with their duties
- The Secretary keeps the minutes of the meetings

## PAC member requirements

All voting PAC members must:

1. Be on dialysis or have had a kidney transplant
2. Serve at least a three year term
3. Commit to attend two or three meetings a year. There are four meetings a year, with at least one being in person, but most are phone conferences
4. Attend the Heartland Kidney Network Annual Meeting
5. Have the ability to travel since meetings are usually in Kansas City, Missouri. Travel expenses are reimbursed for PAC members
6. Be familiar with the issues you have noticed in your community prior to the meeting and share them during the meeting(s)
7. Reply to Network requests when votes, responses, and opinions are requested
8. Work with other PAC members and the Network on patient education projects

For more information or to file a grievance please contact the Heartland Kidney Network at: Heartland Kidney Network • 7306 NW Tiffany Springs Pkwy. • Suite 230 • Kansas City, MO 64153  
Toll-Free Patient Line: (800) 444-9965 • net12@nw12.esrd.net • www.heartlandkidney.org

End-Stage Renal Disease (ESRD) #12 Network Coordinating Council, Inc. dba Heartland Kidney Network. This resource was (created, developed, compiled, etc.) while under contract with Center for Medicare and Medicaid Services, Baltimore, Maryland.  
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## PAC Sub-Committees

There are two sub-committees within the PAC which are:

- Care Partner Sub-Committee
  - Family and/or caregivers of a kidney patient
- Network Patient Representatives (NPR) Sub-Committee
  - Patient volunteers share information from and about the Network with fellow patients in their clinics.
  - Actively promote patient education and well-being by maintaining a patient bulletin board.
  - Work closely with clinic staff and may also coordinate other patient and staff activities in their facility.
  - Be a good role model to other patients by being involved in their own care.

**If you are interested in becoming a PAC member or NPR contact the Network at 1-800-444-9965.**

## MY QUESTIONS

**Ask your Care Team:** What do you know about the PAC and NPR? I'm interested so would you be able to help me get involved?

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